



**Winning Over Worry**  
**Philippians 4:1-7**

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Love, joy, and peace are the first three delights of the fruit of the Spirit (Gal. 5:22). Christ-like believers are to be a testament of these three wonderful graces of the Spirit in a dark and troubled world.

In the first three chapters of Philippians, love and joy are consistent themes. This final chapter will focus on the awesome grace of peace.

In today's study, Paul teaches believers about the incredible peace of God, which surpasses all human understanding.

**Main Thought...**

➤ Spirit-filled believers can win the battle over worry.

1. \_\_\_\_\_ what you can (v. 1-3).

Phil 2:2, 14; Eph. 4:1-3; Rm. 12:18

2. \_\_\_\_\_ the choice to rejoice (v. 4-5).

Acts 16:25; 1 Thess. 5:16-18; Hab. 3:17-18

3. \_\_\_\_\_ it through (v. 6)

**Effective & Fervent Prayer...**

**A** \_\_\_\_\_

**C** \_\_\_\_\_

**T** \_\_\_\_\_

**S** \_\_\_\_\_

Mat. 6:25a, 31a; 34a; 7:7; 1 Pet. 5:7; Jam. 4:8a; 5:16b

4. \_\_\_\_\_ in God (v. 7).

Rm. 5:1; Isa. 26:3

**Final Thoughts...**

➤ \_\_\_\_\_ with God comes before the peace of God.

➤ \_\_\_\_\_ in God is the key to perfect peace.